

# Market Menu

Dine in or Take Out

## Appetizers

<b>Mini Crab Cakes</b> (6) with Creole Remoulade	\$11.99
<b>Fried Calamari</b> with Marinara & Pesto Aioli	\$ 8.99
<b>Peel &amp; Eat Shrimp</b> 1lb greentails w/sauce	\$ 7.99
<b>CPM Fries</b> –shoestrings w/our special seasoning	\$ 5.99

## Salads (available at both locations)

<b>Grilled Romaine Salad</b> with Feta, Tomato, Olives	\$ 5.99
<b>Mixed Greens</b> with Mandarin Orange, Blue Cheese, Walnuts, Tomato & Balsamic Vinaigrette	\$ 5.99
<b>Caesar Salad</b>	\$ 5.99
Add Grilled Chicken	\$ 2.00

## Sandwiches (available at both locations)

<b>Crab Cake Sandwich</b>	\$ 9.99
<i>Our famous crab cake on a soft roll with lettuce, tomato &amp; our Creole Remoulade Sauce</i>	
<b>Pork BBQ Sandwich</b>	\$ 6.99
<i>Slow Smoked Pulled Pork in a light Carolina Sauce with our Bluegrass Mustard Slaw on a soft roll.</i>	
<b>Country Ham</b>	\$ 6.99
<i>The Real Deal –cured by Johnston Country Ham, Smithfield. NC;slow cooked in our kitchen and shaved thin with Honey Mustard on Ciabatta</i>	
<b>House Roast Beef &amp; Cheddar</b>	\$ 7.99
<i>Our own Prime Roast Beef perfectly slow cooked and sliced thin on Ciabatta with Aged Cheddar, Vine Ripe Tomato, Aioli and Arugula</i>	
<b>Roast Turkey &amp; Brie</b>	\$ 6.99
<i>Our House Roasted Turkey Breast shaved thin on Ciabatta with Double Crème Brie, Honey Mustard, Lettuce and Vine Ripe Tomato</i>	
<b>Maple Bourbon Ham and Swiss</b>	\$ 6.99
<i>Our rustic Smoked Ham with our Maple Bourbon Glaze, Swiss Cheese, Lettuce and Vine Ripe Tomato with Dijon Mustard on Ciabatta</i>	
<b>Tomato Motz</b>	\$ 6.99
<i>Vine Ripe Tomatoes and Fresh Cow's Milk Mozzarella with Basil Pesto on Ciabatta with Aioli &amp; Balsamic Vinaigrette</i>	
<b>Ultimate Brie LT</b>	\$6.99
<i>Double Crème Brie, thick sliced Peppered Bacon and Vine Ripe Tomato with Leaf Lettuce and Mayo on Ciabatta</i>	
<b>The Salumeria</b>	\$ 6.99
<i>Cappicola Ham, Genoa Salami and Mortadella with Provolone, Hot Pepper Relish, Lettuce, Tomatoes, Extra Virgin Olive Oil and Balsamic Vinegar on a Ciabatta</i>	
<b>Chicken Salad Wrap</b>	\$ 6.99
<b>Fresh Yellowfin Tuna Salad Wrap</b>	\$ 7.99
<b>Lobster Salad Wrap</b>	\$market



**Coastal Provisions Market**  
1 Ocean Blvd. (Southern Shores Crossing)  
Southern Shores, NC 27949  
**(252)480-0023**

## Entrees

<b>Crab Cakes</b> (2) with Creole Remoulade, Bluegrass Slaw & Potato Salad	\$18.99
<b>Coconut Crusted Tilapia</b>	\$11.99
<b>Rosemary Chicken</b>	\$13.99
<b>Pork BBQ</b> with Bluegrass Slaw & Potato Salad	\$10.99
<b>Steaks</b> –the Best Beef on the Beach grilled to your liking served with CPM Fries	
<b>Prime NY Steak</b> 12oz	\$21.99
<b>Natural Filet Mignon</b> 10oz	\$19.99
<b>Natural Ribeye</b> 12oz	\$19.99
<b>Surf &amp; Turf</b> –12oz NY & Crabcake	\$29.99

## Steamer Pots to Go

Enjoy the ocean's bounty in a convenient tin steamer pot ready to cook in minutes:

<b>Yankee Steamer</b> –Lobster, Clams, Mussels, & Scallops with Smoked Pork, Potatoes, Corn, & Butter	\$Market
<b>Outer Banks Steamer</b> –Local Shrimp, Oysters, Clams, Crab, with Smoked Sausage, Potatoes, Corn & Butter	\$19.99/person
<b>Custom Can</b> –build your own includes potatoes, corn, smoked sausage, & butter.	\$5/person plus cost of seafood

## From the Kitchen

We also offer an array of freshly prepared entrees and side dishes ready to reheat for dine in or take out., which may include:

**Pork BBQ**  
**Fried Chicken**  
**Crab Cakes**  
**Meat Lasagna**  
**Red Bliss Potato Salad**  
**Bluegrass Mustard Slaw**  
**Grilled Vegetables**  
**Roasted Potatoes**  
**and more.....**

*From the Kitchen Menu selections change daily. Call for today's selections or check our website. [www.CoastalProvisionsMarket.com](http://www.CoastalProvisionsMarket.com) Menu availability and prices subject to change.*



**Coastal Provisions Deli**  
In The Waterfront Shops  
Duck, NC 29749  
**(252)480-0024**

\*Salads and Sandwiches available @deli